

Saturday, March 8

- Breastfeeding Basics - 10:00am

Wednesday, March 19

- Community Seminar: Colorectal Cancer: Early Diagnosis & Prevention - 5:30pm

Breastfeeding Basics

Time: 10:00am



Registration is required!

[Register on Eventbrite](#)

Topics that will be covered during class:

- Why breastfeeding is an Important Choice
- Understanding Milk Production
- Human Milk vs. Formula
- What to Expect When You Deliver
- Breastfeeding How-To
- Common Concerns

Community Seminar: Colorectal Cancer: Early Diagnosis & Prevention


Time: 5:30pm

March is Colorectal Cancer Awareness Month

FREE **MMC**
COMMUNITY
Seminars Series

Memorial Medical Center

**Colorectal Cancer:
Early Diagnosis
& Prevention**



Elia Charbel Abboud
MD, FACS, FASCRS
Board-certified
Colon & Rectal Surgeon

Sarah Plante-Olivas
DNP, FNP-BC
Board-certified
Nurse Practitioner

Memorial Medical Center Conference Rooms
West Side Of The Hospital (Annex)

WEDNESDAY | MEAL AT 5:30 PM
MARCH 19TH, 2025 | PROGRAM AT 6 PM

Please RSVP via SurveyMonkey by Friday, March 14th



March is Colorectal Cancer Awareness Month. Learn all about early diagnosis and prevention in this community seminar held in the MMC Conference Rooms (located on the west side of the hospital campus). This event is free and open to all community members.

A meal will be served at 5:30 p.m., with the program to follow at 6 p.m. Attendees will hear from Board-certified Colon & Rectal Surgeon Elia Charbel Abboud, MD, FACS, FASCRS, and Board-certified Nurse Practitioner Sarah Plante-Olivas, DNP, FNP-BC.

[RSVP to attend.](#)